



# SESSION 17 Hinduism

Zoom Meeting ID: 436 198 7805  
Password: 126034

## FOUNDED, LOCATION

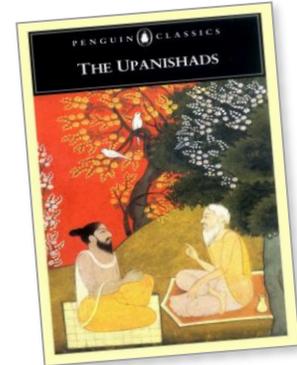
No one founder. Evolved as a mix of religious influences in **India**, around 1800–1000 BC.  
Main types: Vaishnavism, Shaivism, and Shaktism.



Ancient Hindu temple, Konark, India

## KEY WRITINGS

Many writings, including *The Upanishads*,  
*The Vedas* (oldest, about 1000 BC) and *The Bhagavad-Gita*.



## BASIC BELIEFS—Eastern polytheism/mysticism

### WHO IS GOD?

God is “The Absolute,” a universal spirit.  
Everyone is part of God (Brahman), but most people are not aware.  
People worship manifestations of Brahman (gods & goddesses).

### WHO IS JESUS?

Jesus Christ is considered a teacher, a \_\_\_\_\_, or an  
avatar (incarnation of Vishnu).  
He is a son of God as are others.  
His death does not atone for sins  
and he did not rise from the dead.



Vishnu

### WHO IS THE HOLY SPIRIT?

The Holy Spirit is not part of this belief

### HOW TO BE SAVED

Release from the cycles of \_\_\_\_\_ is achieved through yoga and meditation.  
This release requires spiritual evolution through many \_\_\_\_\_.  
Final salvation is \_\_\_\_\_ or union with Brahman, like a raindrop falling  
into the ocean.

### HOW TO BE SAVED

Release from the cycles of \_\_\_\_\_ is  
achieved through yoga and meditation.  
This release requires \_\_\_\_\_  
through many lifetimes.  
Final salvation is absorption or \_\_\_\_\_,  
like a raindrop falling into the ocean.



## WHAT HAPPENS AFTER DEATH?

\_\_\_\_\_ into a better status (by means of good karma) if a person has behaved well.  
A person who has lived badly can be \_\_\_\_\_ & pay for past sins (bad karma) by suffering.

## OTHER BELIEFS, PRACTICES

Many use a mark, called a *tilak*, on the forehead to represent the spiritual “third eye.”

Yoga involves meditation, chanting, breathing exercises.

Yoga is to the Hindu what \_\_\_\_\_ is to the Christian

Some gurus demand complete obedience.

Hinduism is the foundation of New Age and  
Transcendental Meditation.



### **ANSWERS:**

Guru, Reincarnation, Lifetimes, Absorption, Reincarnation,  
Spiritual Evolution, Union With Brahman, Reincarnation,  
Reborn, Prayer