

THE TEN COMMANDMENTS

Part IV—Time to Rest!



Remember to observe the Sabbath day by keeping it holy.
⁹ Six days a week are set apart for your daily duties and regular work,
¹⁰ but the seventh day is a day of rest dedicated to the LORD your God.
On that day no one in your household may do any kind of work.

This includes you, your sons and daughters, your male and female servants,
any foreigners living among you.

For in six days the LORD made the heavens, the earth, the sea, and everything in them; then He rested on the seventh day. That is why the LORD blessed the Sabbath day and set it apart as holy. Exodus 20:8-11

OBSERVE THE SABBATH?

"Sabbath" means: _____!

Then he said to them, The Sabbath was made to benefit people, and not people to benefit the Sabbath.
Mark 2:27

When is it? Originally it was _____! Why do Christians use **Sunday**? Luke 24:1

In the same way, some think one day is more holy than another day, while others think every day is alike. Each person should have a personal conviction about this matter. ⁶ Those who have a special day for worshiping the Lord are trying to honor Him. Those who eat all kinds of food do so to honor the Lord, since they give thanks to God before eating. And those who won't eat everything also want to please the Lord and give thanks to God.
Romans 14:5-6

So don't let anyone condemn you for what you eat or drink, or for not celebrating certain holy days or new-moon ceremonies or Sabbaths.
Colossians 2:16

It was the Lord's Day, and I was worshiping in the Spirit.
Revelation 1:10

When is it? It doesn't matter! God does not care **WHEN** as much as _____!!

When observed properly, your SABBATH will benefit you, your marriage and your family!

KEEPING THE SABBATH "HOLY"

Holy means "set apart to the Lord"

1. USE THE DAY TO _____ MY BODY!

It is useless for you to work so hard from early morning until late at night, anxiously working for food to eat; for God gives rest to His loved ones.
Psalm 127:2

Only someone too stupid to find his way home would wear himself out with work! Eccl. 10:15 (GN)
Psalm 23 says He **MAKES** me to lie down....

2. USE THE DAY TO _____ MY SOUL!

>Include time FOR QUIET

He leads me beside quiet waters, He restores my soul.

Psalm 23:3

Then Jesus said, "Let's get away from the crowds for a while and rest." There were so many people coming and going that Jesus and His apostles didn't even have time to eat. Mark 6:31

>Include time for FAMILY

Enjoy life with your wife, whom you love ...

Ecclesiastes 9:9

A relaxed attitude lengthens a man's life.

Proverbs 14:30

>Include time for FELLOWSHIP

Let us not give up the habit of meeting together.. Instead let us encourage one another ...

Hebrews 10:25

I was glad when they said to me: Let us go to the House of the Lord.

Psalm 122:1

3. USE THE DAY TO _____ MY SPIRIT!

Come let us bow down in worship... before the Lord our Maker.

Psalm 95:6

What good is it for a man to gain the whole world, yet forfeit his soul? What can a man give in exchange for his soul?

Mark 8:36

*²⁸ Then Jesus said, "Come to Me, all of you who are weary and carry heavy burdens, and **I will give you rest.** ²⁹ Take My yoke upon you. Let Me teach you, because I Am humble and gentle, and you will find rest for your souls. ³⁰ For My yoke fits perfectly, and the burden I give you is light."*

Matthew 11:28-30

Answers:

Day of Rest, Saturday, How, Rest, Recharge, Refocus

What's Happening at DLBC

November

- Sun., 12th** Small Group - Bible Study at 8:30 am, 8:45 am, 9:00 am, 11:15 am
Church Service at 10:00 am in the Worship Center
Sunday Night Bible Study at 6:00 pm in the Fellowship Hall
- Wed., 15th** Ezekiel Bible Study at 6:30 pm in the Faith room
Youth Night at 6:30 pm in the Fellowship Hall
Compass Cove—Kids Ministry at 6:30 pm upstairs in the children's area
- Fri., 17th** Fall DNOW Student Ministry Over Night Event— November 17th—18th
- Sat., 18th** Bear Ministry from 1:00 pm to 4:00 pm in the Faith Room

Financial Update

Total Weekly Budget
\$ 12,857.00

Weekly Offering
Received

November 5, 2017
\$ 8,787.17